

## Sweet Treats and More! BAKING FORMULAS

## 

STRATAS

## BAKERY SHORTENING TIPS

## Observations/Tips on Converting to and Handling Non-PHO

- In general palm shortening flavor and mouthfeel differences can be noticed in items with large amounts of fat ( $20 \%+$ fat content).
- If the customer does not have temperature controlled areas (air conditioning/heating) palm can be hard when it is very cold and soft when very hot.
- In hot temps, some palm products can eventually leak or "wick" through the case making them unuseable.
- Soy shortenings can be soft in high heat, but they can be refrigerated without becoming too hard to work with.
- Mixing too long or too fast can cause issues in the batter.


## Bakery Shortening Tips

## PHO Product <br> Initial Sub/ Solution Guide

Tool to aid in recommending initial non-PHO products to try when converting

1. Select current category of PHO product in left column
2. Choose type of bakery customer from top of chart
3. Choose dominant finished products involved from 2nd column
4. Find recommended solution/s where intersection occurs

| SHORTENING CATEGORY FINISHED PRODUCTS | AVG \% OF SHORTENING IN FORMULAS | RETAILSHOP/ NON TEMP CONTROLLED PRODUCT TO USE | RETAIL SHOP TEMP CONTROLLED PRODUCT TO USE | WHOLESALE TEMP CONTROLLED PRODUCT TO USE | MANUFACTURER TEMP CONTROLLED PRODUCT TO USE |
| :---: | :---: | :---: | :---: | :---: | :---: |
| DONUT DOUGH \& BATTER BATTER | YEAST RAISED | 10\% | I.E. SOY | PALM/I.E. SOY | PALM/I.E. SOY |
|  | CAKE DONUTS | 9\% | I.E. SOY | PALM/I.E. SOY | PALM/I.E. SOY |
| DONUT FRYING <br> BATTER | YEAST RAISED |  | I.E. SOY | PALM/I.E. SOY | PALM/I.E. SOY |
|  | CAKE DONUTS |  | I.E. SOY | PALM/I.E. SOY | PALM/I.E. SOY |
| ALL PURPOSE | COOKIES CUT | 15\% | I.E. SOY | PALM/I.E. SOY | PALM/I.E. SOY |
|  | COOKIES BUTTER/BAG | 18\% | I.E. SOY | I.E. SOY | PALM/I.E. SOY |
|  | PIE DOUGH | 30\% | I.E. SOY | I.E. SOY | PALM/I.E. SOY |
|  | BISCUITS | 16\% | I.E. SOY | PALM/I.E. SOY | PALM/I.E. SOY |
|  | BREAD DOUGH | 3\% | I.E. SOY | PALM/I.E.SOY | PALM/I.E. SOY |
| CAKE | LAYER CAKE | 10-12\% | I.E. SOY | PALM/I.E. SOY | PALM/I.E. SOY |
|  | POUND CAKE | 17\% | I.E. SOY | PALM/I.E. SOY | PALM/I.E. SOY |
| ICING | BUTTER CREAM | 15-25\% | I.E. SOY | I.E. SOY | PALM/I.E. SOY |
|  | FUDGE | 15\% | I.E. SOY | PALM/I.E. SOY | PALM/I.E. SOY |
|  | LIGHT CREAM FILLING | 30\% | I.E. SOY | I.E. SOY | PALM/I.E. SOY |
| MARGARINE | SWEET DOUGH | 9\% | I.E. SOY | PALM/I.E. SOY | PALM/I.E. SOY |
|  | CROISSANT | 50\% | I.E. SOY | I.E. SOY | PALM/I.E. SOY |
| ROLL IN DANISH/ SWEET DOUGH/ PUFF PASTRY | SWEET DOUGH | 9\% | I.E.SOY | PALM/I.E. SOY | PALM/I.E.SOY |
|  | CROISSANTS | 50\% | I.E. SOY | I.E. SOY | PALM/I.E. SOY |
|  | DANISH | 50\% | I.E. SOY | I.E. SOY | PALM/I.E.SOY |
|  | PUFF PASTRY | 50\% | I.E. SOY | PALM/I.E. SOY | PALM/I.E. SOY |

## Bakery Shortening Tips



Both palm and soy products can become very soft and soupy in warm / hot temperatures. Conversely, in cold/ refigigerated temps, they can become extremely hard and unworkable. Ideal storage temps for these products would be 65-75 degrees


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* This product line contains only fully tydrogenated oil which contains zero trans-fat. Only partially tydrogenated oil contains trans-fat

Any I.E. shortening not made with high-oleic soybean oil will have higher polyunsaturated fats, which are more susceptible to oxidation. Please conduct extended shelf life studies on the finished product.

## Bakery Shortening Tips

- Maintain recommended storage conditions and usage temperature for all types of shortenings, especially non-PHO shortenings, both palm and IE. In doing so you will always achieve the desired performance and functionality of the finished baked goods.
- Making adjustments in your process conditions such as mixing time, amount of water and/or creaming of shortening with flour or sugar may be necessary.
- Proper proofing is a vital part of specialty bakery applications such as Danish, Puff Pastry and Croissants. To achieve optimum results, pay close attention to relative humidity (RH) of the proofer and the required proofing time for that specific application. High and/or low RH and improper proofing time could result in poor performance of the finished product.


## Specific Gravity Icings

Specific gravity is a way to measure the air added into icing or batter. It is the weight of a cake batter or icing in an empty cup, compared to the weight of water in the same cup. For example, if the cup weighs 16 ounces with water in it, and 14 ounces with batter or icing in it, then you divide 14 by 16 to determine a specific gravity of 0.875 .

To help make this clear, the average specific gravity for the most common icings made in the United States is listed below:

- American Butter Cream 0.85 to 0.90
- American Chocolate Butter Cream 0.90
- Fudge 0.95
- Swiss-French Style Icing 0.80

The average butter cream formula in the U.S. is 2 parts sugar to 1 part shortening, and about $10 \%$ water (see below). For a silky smooth butter cream, try replacing half the sugar with icing fondant.


Notes: Use Non-Fat Dry Milk only if a quick drying icing is desired.
Please visit www.stratasfoods.com/product-support to watch videos offering tips on bakery applications.

## Specific Gravity Cakes

If the grain of your cakes is too open and is uneven, the specific gravity should be adjusted and the mixing time needs to be shortened.

If the grain is too tight and the cake is too dense, the batter needs to be mixed longer.

Below is the average specific gravity for the most common cake types. This is a general guide and you can adjust the specific gravity as needed.

- Pound Cakes \& Cream Cakes 0.90 . This is the simplest type of cake. A classic pound cake is made with a pound each of shortening, sugar, eggs, and flour.
- Shortening (and Oil) Layer Cakes 0.80. Chocolate, yellow, and white classic American layer cakes.
- Angel Food Cake 0.30. This type is made with egg whites alone and no yolks.
- Genoese 0.50 . This type of sponge cake is made with whole eggs rather than just egg whites.
- Chiffon Cake 0.50. A classic chiffon cake is a cross between an oil cake and a sponge cake. Eggs are separated and the whites are beaten then folded into the batter.

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## Sweetex ${ }^{\circledR} 140 \%$ White Cake

| LBS./OZS. | PERCENT | INGREDIENTS |
| :---: | :---: | :---: |
| 23.5 | 22.3\% | Cake Flour |
| 32 | 31.2\% | Sugar |
| --- 4 | 2.7\% | Non-Fat Dry Milk |
| --- 0.80 | 0.5\% | Salt |
| --- 1.5 | 1.0\% | Baking Powder |
| 1.75 | 11.1\% | Sweetex ${ }^{\circ}$ Shortening |
| 13 | 18.3\% | Water |
| 12.5 | 11.6\% | Egg White |
| --- 2 | 1.3\% | Water |
| --- | --- | Flavoring (to taste) |
| 10 lbs | 100\% | Total |


| METHOD |
| :--- |
| Blend together. |
| Add Sweetex ${ }^{\circ}$ and $2 / 3$ of the water and mix on speed <br> 1 using a flat paddle. Add remaining water while <br> mixing. Turn mixer to speed 2 and beat 1 min. Scrape <br> bowl and paddle, then mix 5 min. on speed 2. |
| Turn mixer to speed 1 and add slowly. After 30 sec. <br> stop mixer and scrape bowl and paddle. Blend on <br> speed 1 for 3 min. Scale 350 g (12 $1 / 3$ oz.) into 8 -in. <br> round, well-greased cake pans. Bake at $350^{\circ} \mathrm{F}$ for <br> approximately 23 min. |

## Sweetex ${ }^{\circledR}$ 130\% Yellow Cake

| LBS.JOZS. | PERCENT | INGREDIENTS |
| :---: | :---: | :---: |
| $\begin{array}{ll} 1 & 1.8 \\ 2 & 3.7 \end{array}$ | $\begin{aligned} & 11.1 \% \\ & 22.3 \% \end{aligned}$ | Sweetex ${ }^{\bullet}$ Shortening Cake Flour |
| $\begin{array}{rr} 2 & 14.2 \\ -- & 3.5 \\ \hdashline- & 2.1 \\ -- & 1.1 \\ \hline 1 & 5.4 \end{array}$ | $\begin{gathered} 28.9 \% \\ 2.2 \% \\ 1.3 \% \\ 0.7 \% \\ 13.4 \% \end{gathered}$ | Granulated Sugar Non-Fat Milk Solids Baking Powder Salt <br> Water |
| $\begin{array}{rr} 1 & 5.4 \\ --- & 10.7 \\ --- \end{array}$ | $\begin{aligned} & 13.4 \% \\ & 6.7 \% \\ & --- \end{aligned}$ | Whole Eggs <br> Water <br> Flavoring (to taste) |
| 10 lbs | 100\% | Total |

## METHOD

Place shortening in the bottom of the bowl first. Add cake flour. Mix together on low speed for 5 minutes.

Add to the above, mix on low speed for 1 minute, scrape down, and continue mixing for 4 minutes on low speed.

Add while mixing on low speed, scrape down and mix for 4 minutes on low speed. Scale into pans and bake at $365^{\circ} \mathrm{F}$ for 20-25 minutes for layers.

## Sweetex ${ }^{\circledR}$ Double Dutch Fudge Cake

| LBS/OZS. |  | PERCENT | INGREDIENTS |
| :---: | :---: | :---: | :---: |
| 2 | 12 | 10.1 | Sweetex ${ }^{\circ}$ Cake \& Icing |
| 4 | --- | 14.7 | Shortening |
| 7 | --- | 25.7 | Cake Flour |
| 1 | 8 | 5.5 | Granulated Sugar |
| --- | 3 | . 7 | Cocoa |
| --- | 0.5 | . 1 | Salt |
| --- | 1 | . 2 | Cinnamon |
| --- | 3 | . 7 | Baking Soda |
| --- | 12 | 2.8 | Baking Powder |
| 4 | --- | 14.7 | Non-Fat Dry Milk Water |
| 3 | 12 | 13.8 | Whole Eggs |
| 3 | --- | 11.0 | Water |
|  |  |  | Vanilla to taste |
| 27.22 lbs |  | 100\% | Total |

## Nutex ${ }^{\circledR}$ 120\% White Cake

| LBS/OZS. | PERCENT | INGREDIENTS |
| :---: | :---: | :---: |
| 23.5 | 22.1\% | Cake Flour |
| 212 | 27.4\% | Sugar |
| --- 5.5 | 3.2\% | Non-Fat Dry Milk |
| --- 0.75 | 0.5\% | Salt |
| --- 2.25 | 1.4\% | Baking Powder |
| 11 | 10.6\% | Nutex ${ }^{\text {® }}$ Shortening |
| 17.75 | 14.8\% | Water |
| 14.25 | 12.6\% | Egg White |
| --- 11.75 | 7.4\% | Water |
| --- --- | -- | Flavoring (to taste) |
| 10 lbs. | 100\% | Total |


| METHOD |
| :--- |
| Combine dry ingredients and Nutex ${ }^{\circ}$ and mix on <br> speed 1 for 1 minute. Add water and mix on speed 1 using flat paddle for $_{1 \text { minute. Scrape bowl and paddle, then mix } 5 \text { min. on }}^{\text {speed } 2 \text { on a } 3 \text { speed mixer, speed } 3 \text { on a } 4 \text { speed mixer. }}$ |
| Add egss, water and flavoring, and mix on speed 1 for 1 minute. <br> Scrape bowl and paddle. Mix 2 minutes on speed 2 on a <br> 3 speed mixer, speed 3 on a 4 speed mixer. Scale into well- <br> greased cake pans. Bake at $360^{\circ}$ F for approximately 23 min. |

## Nutex $120 \%$ Yellow Cake

| LBS/OZS. | PERCENT | INGREDIENTS | METHOD |
| :---: | :---: | :---: | :---: |
| 26.75 | 24.2\% | Cake Flour | Combine dry ingredients and Nutex ${ }^{\circ}$ and mix on speed 1 for 1 minute. |
| 215.5 | 29.7\% | Sugar |  |
| --- 3.75 | 2.3\% | Non-Fat Dry Milk |  |
| --- 0.75 | 0.5\% | Salt |  |
| 2 | 1.3\% | Baking Powder |  |
| 15 | 9.3\% | Nutex ${ }^{\text {® }}$ Shortening |  |
| 14.75 | 13.0\% | Water | Add water and mix on speed 1 using flat paddle for 1 minute. Scrape bowl and paddle, then mix 5 min . on speed 2 on a 3 speed mixer, speed 3 on a 4 speed mixer. |
| 17.25 | 14.5\% | Whole Eggs | Add eggs, water and flavoring, and mix on speed 1 for 1 minute. |
| --- 8.25 | 5.2\% | Water | Scrape bowl and paddle. Mix 2 minutes on speed 2 on a |
| --- --- | -- | Flavoring (to taste) | 3 speed mixer, speed 3 on a 4 speed mixer. Scale into wellgreased cake pans. Bake at $360^{\circ} \mathrm{F}$ for approximately 23 min . |
| 10.0 lbs. | 100\% | Total |  |

## Nutex $120 \%$ Chocolate Cake

| LBS/OZS. | PERCENT | INGREDIENTS | METHOD |
| :---: | :---: | :---: | :---: |
| 21.5 | 20.9\% | Cake Flour | Combine dry ingredients and Nutex ${ }^{\circ}$ and mix on speed 1 for 1 minute. |
| 28.25 | 25.0\% | Sugar |  |
| --- 6.75 | 4.2\% | Dutch Cocoa |  |
| 1 | 0.6\% | Salt |  |
| 2 | 1.3\% | Baking Powder |  |
| 14 | 12.5\% | Nutex ${ }^{\text {® }}$ Shortening |  |
| 17.5 | 14.6\% | Water | Add water and mix on speed 1 using flat paddle for 1 minute. Scrape bowl and paddle, then mix 5 min . on speed 2 on a 3 speed mixer, speed 3 on a 4 speed mixer. |
| 14 | 12.5\% | Whole Eggs | Add eggs, water and flavoring, and mix on speed 1 for 1 minute. |
| --- 13.5 | 8.4\% | Water | Scrape bowl and paddle. Mix 2 minutes on speed 2 on a 3 |
| --- --- | -- | Flavoring | speed mixer, speed 3 on a 4 speed mixer. Scale into wellgreased cake pans. Bake at $360^{\circ} \mathrm{F}$ for approximately 23 min . |
| 10 lbs. | 100\% | Total |  |

## Nutex ${ }^{\circledR}$ Red Velvet Cake

| LBS.OZS. | PERCENT | INGREDIENTS |
| :---: | :---: | :---: |
| 21.3 | 20.8\% | Cake Flour |
| 28.0 | 25.0\% | Sugar |
| --- 6.7 | 4.2\% | Dutch Cocoa |
| - 1.0 | 0.6\% | Salt |
| 2.0 | 1.3\% | Baking Powder |
| 14.0 | 12.5\% | Nutex ${ }^{\text {® }}$ Shortening |
| 17.4 | 14.6\% | Water |
| 14.0 | 12.5\% | Whole Eggs |
| --- 13.6 | 8.5\% | Water |
| --- --- | To Taste | Flavoring (to taste) |
| 10 lbs. | 100\% | Total |


| METHOD |
| :--- |
| Combine dry ingredients with Nutex ${ }^{\oplus}$ and mix on low for |
| 1 minute. |
| Add water and mix on speed 1 using flat paddle for |
| 1 minute. Scrape bowl and paddle, then mix 5 minutes on |
| speed 2 on a 3-speed mixer, speed 3 on a 4 -speed mixer. |
| Add eggs, water and flavoring, and mix on speed 1 for 1 minute. |
| Scrape bowl and paddle. Mix 2 minutes on speed 2 |
| on a 3-speed mixer, speed 3 on a 4-speed mixer. |
| Scale into well-greased cake pans. Bake at $360^{\circ} \mathrm{F}$ for |
| approximately 23 minutes. |

## Nutex ${ }^{\circledR}$ Yellow Pound Cake

| LBS.JOZS. | PERCENT | INGREDIENTS |
| :---: | :---: | :---: |
| $\begin{array}{ll} 2 & 5.6 \\ 1 & 11.2 \end{array}$ | $\begin{aligned} & 23.5 \% \\ & 17.0 \% \end{aligned}$ | Cake Flour Nutex ${ }^{\text {º }}$ Shortening |
| $\begin{array}{cc} 2 & 13.6 \\ - & 1.6 \\ \hline 1 & 1.6 \\ -- & 3.2 \end{array}$ | $\begin{aligned} & 28.5 \% \\ & 1.0 \% \\ & 11.0 \% \\ & 2.0 \% \end{aligned}$ | Granulated Sugar <br> Salt <br> Water <br> Non-Fat Dry Milk |
| $\begin{array}{l\|l} 1 & 11.2 \\ --- & --1 \end{array}$ | $\begin{aligned} & 17.0 \% \\ & \text { To Taste } \end{aligned}$ | Whole Eggs Flavoring |
| 10 lbs . | 100\% | Total |

## METHOD

Using paddle, cream flour and Nutex ${ }^{\oplus}$ together for 3 minutes on second speed. Scrape down at least once during mixing.

Add sugar, salt, water, and Non-Fat dry milk. Mix for 6 minutes on second speed. Scrape down at least once during mixing.

Scale eggs and flavoring together. Add approximately $1 / 2$ of it into the bowl. Using first speed, mix until smooth. Scrape down and mix until smooth again. Add balance of liquid ingredients and continue mixing for a total of 5 minutes in this stage, scraping down again to insure a smooth batter.

Scale 1 pound of batter into a greased loaf pan and bake at $350^{\circ} \mathrm{F}$ for about 60-75 minutes.

## Hymo Devil's Food Cake

| LBS/OZS. | PERCENT | INGREDIENTS |
| :---: | :---: | :---: |
| 106 | 26.0\% | Granulated Sugar |
| $7 \quad 4$ | 18.2\% | Cake Flour |
| 210 | 4.0\% | Dutch Cocoa |
| 10 | 1.5\% | Non-Fat Dry Milk |
| 5 | 0.8\% | Baking Powder |
| 3 | 0.5\% | Salt |
| 3 | 0.5\% | Baking Soda |
| 33 | 8.0\% | Hymo ${ }^{\circ}$ Cake \& I Icing Shortening |
| 66 | 16.0\% | Water |
| $6 \quad 10$ | 14.0\% | Whole Eggs |
| 36 | 8.5\% | Water |
| 113 | 2.0\% | Sterling ${ }^{\text {® }}$ Soybean Oil |
| 44 lbs. | 100\% | Total |

## METHOD

Place dry ingredients and $\mathrm{Hymo}^{\circ}$ in a mixing bowl and blend on first speed for 1 minutes. Add water and mix 1 minute on first speed. Scrape. Mix 3 minutes on second speed.

Slowly add eggs. Mix 1 minute on first speed. Scrape. Mix 3 minutes on second speed.

Gradually add water and soybean oil. Mix 1 minute on first speed. Scrape. Mix 3 minutes on first speed. Scale into desired pans and bake at $360^{\circ} \mathrm{F}$.

## Hymo ${ }^{\ominus}$ White Cake

| LBS | 7S | PERCEN | INGREDIENTS | METHOD |
| :---: | :---: | :---: | :---: | :---: |
| 11 | 3 | 28.2\% | Granulated Sugar | Combine dry ingredients with $\mathrm{Hymo}^{\circ}$ and mix 1 minute on first speed. Add water, mix 1 minute on first speed; scrape. Mix 5 minutes on second speed. |
| 10 | --- | 25.2\% | Cake Flour |  |
| --- | 8 | 1.3\% | Baking Powder |  |
| --- | 3 | 0.5\% | Salt |  |
| 3 | 13 | 9.6\% | Hymo ${ }^{\circ}$ Cake \& Icing Shortening |  |
| 5 | 14 | 14.9\% | Water |  |
| 5 | 1 | 12.8\% | Egg Whites | Add water and eggs. Mix 1 minute on first speed; scrape. Mix 3 minutes on second speed. Scale into desired pans and bake at $360^{\circ} \mathrm{F}$. |
| 3 | 0 | 7.5\% | Water |  |
| --- | --- | --- | Flavoring (to taste) |  |
| 39.6 lbs. |  | 100\% | Total |  |

## Hymo Harvest Cake

| LBS/OZS. |  | PERCEN | INGREDIENTS | METHOD |
| :---: | :---: | :---: | :---: | :---: |
| 5 2 4 | 9 5 | $\begin{gathered} 22.3 \% \\ 8.1 \% \\ 17.2 \% \end{gathered}$ | Granulated Sugar Hymo Shortening Cake Flour Non-Fat Milk Solids Salt <br> Baking Powder <br> Cinnamon <br> Allspice Canned Pumpkin | Put all ingredients into bowl and mix 5 minutes on low speed. Scrape down bowl and paddle during mixing as needed. |
| --- | 8 | 2.0\% |  |  |
| --- | 2 | 0.5\% |  |  |
| --- | 6 | 1.5\% |  |  |
| --- | 1 | 0.3\% |  |  |
| --- | 0.5 | 0.15 |  |  |
| 6 | 7 | 25.8\% |  |  |
| 3 | 4 | 13.1\% | Whole Eggs | Add slowly to above and mix 5 minutes on low speed. |
| 1 | 8 | 6.1\% | Molasses | Mix 2 minutes on low speed |
| --- | 12 | 3.0 | Water | Scale into desired pans and Bake at $350^{\circ} \mathrm{F}$ until done |
|  | lbs. | 100\% | Total |  |

## Whirl ${ }^{\bullet}$ Carrot Cake

| LBS/OZS. | PERCENT | INGREDIENTS | METHOD |
| :---: | :---: | :---: | :---: |
| 411.3 | 18.8\% | Eggs | Whisk on high until light and fluffy. |
| $\begin{array}{rr} 4 & --- \\ 5 & 14.5 \end{array}$ | $\begin{aligned} & 16.0 \% \\ & 23.7 \% \end{aligned}$ | $\begin{aligned} & \text { Whirlº } \\ & \text { Sugar } \end{aligned}$ | In a separate bowl, whisk together and add to eggs. Mix well. |
| $\begin{array}{rr} 3 & 11.2 \\ --- & 2.4 \\ \hline--\quad 1.6 \\ --- & 1.0 \end{array}$ | $\begin{aligned} & 14.9 \% \\ & 0.6 \% \\ & 0.4 \% \\ & 0.3 \% \end{aligned}$ | All-Purpose Flour Baking Soda Baking Powder Cinnamon | In a separate bowl blend together. Remove about $15 \%$ and set aside. Add the remainder slowly to the egg mixture. Mix until just combined |
| $\begin{array}{ll} 4 & 11.0 \\ 1 & 10.0 \end{array}$ | $\begin{gathered} 18.8 \% \\ 6.5 \% \end{gathered}$ | Carrots (grated) Pecans (chopped) | Blend carrots and pecans together and coat with the remaining flour blend. Fold into batter. <br> Pour into prepared pans. Bake $325^{\circ} \mathrm{F}$ until done. |
| 25 lbs. | 100\% | Total |  |

## Whirl ${ }^{\bullet}$ Cream Cheese Brownie Base



## Cream Cheese Brownie Topping

| LBS.OZS. | PERCENT | INGREDIENTS |
| :---: | :---: | :---: |
| 21 | 41.3\% | Cream Cheese |
| 14 | 17.6\% | Sugar |
| --- 8 | 9.7\% | Eggs |
| --- 0.3 | 0.4\% | Salt |
| 19 | 31.0\% | Chocolate Chips |
| 5 lbs. | 100\% | Total |

METHOD
Cream together Cream Cheese, Sugar, Eggs and Salt.
Mix 2 minutes on low. Mix 1 minute on medium.
Fold in chocolate chips.
Apply $50 \%$ of Brownie Base weight evenly over the
brownie mixture and swirl through with a spatula.

NOTE: 1 batch of Cream Cheese Brownie Topping covers 1 batch of Cream Cheese Brownie Base

## Sweetex ${ }^{\circledR}$ Rich Chocolate Fudge Icing

| LBS/OZS. |  | PERCENT | INGREDIENTS |
| :---: | :---: | :---: | :---: |
| 10 | $\begin{array}{r} 10 \\ 1 \end{array}$ | $\begin{gathered} 52.7 \% \\ 0.3 \% \end{gathered}$ | 6X Powdered Sugar Non-Fat Dry Milk Salt |
| 2 | 15 | 14.6\% | Sweetex ${ }^{\text {® }}$ Shortening |
| $1$ | $\begin{array}{r} 10.5 \\ 1 \end{array}$ | $\begin{aligned} & 8.2 \% \\ & 0.3 \% \end{aligned}$ | Water <br> Vanilla Extract |
| 3 | 5 | 16.5\% | ChocolateLiqueur(melted) |
| 1 | 8 | 7.4\% | Evaporated Milk |
|  | 9 lbs. | $100 \%$ | Total |


| METHOD |
| :--- |
| Blend together. |
| Manually slice Sweetex into small pieces. Add to mixing <br> bowl and place bowl and paddle on mixer. |
| Slowly pour in water and flavoring and mix on speed 1 for <br> 30 sec. Scrape bowl and paddle and mix for 3 min. Scrape <br> bowl and paddle again and mix for 6 min. |
| Add and mix 1 min. on speed 1 . Scrape down and mix <br> 1 additional minute on speed 1. |
| Add slowly while mixing on speed 1 and mix until smooth. |

## Sweetex ${ }^{\circ}$ Butter Cream Icing

| LBS/OZS. | PERCENT | INGREDIENTS | METHOD |
| :---: | :---: | :---: | :---: |
| $\begin{array}{rr} 6 & 9 \\ --- & 7 \\ --- & 0.33 \end{array}$ | $\begin{gathered} 65.3 \% \\ 4.4 \% \\ 0.2 \% \end{gathered}$ | 6X Powdered Sugar Non-Fat Dry Milk Salt | Blend together. |
| 115 | 19.3\% | Sweetex ${ }^{\text {® }}$ Shortening | Manually slice Sweetex ${ }^{\circledR}$ into small pieces. Add to mixing bowl and place bowl and paddle on mixer. |
| $\begin{array}{ll} 1 & 1.5 \end{array}$ | $10.8 \%$ | Water <br> Flavoring (to taste) | Slowly pour in water and flavor and mix on speed 1 for 30 sec . Scrape bowl and paddle and mix for 3 min . Scrape bowl and paddle again and mix for 6 min. |
| 10 lbs. | 100\% | Total |  |

## Sweetex ${ }^{\circledR}$ Decorator Icing

| LBS./OZS. | PERCENT | INGREDIENTS | METHOD |
| :---: | :---: | :---: | :---: |
| $\begin{array}{rr} 6 & 10.25 \\ --- & 5.75 \\ --- & 0.33 \end{array}$ | $\begin{gathered} 66.4 \% \\ 3.6 \% \\ 0.2 \% \end{gathered}$ | 6X Powdered Sugar Non-Fat Dry Milk Salt | Blend together. |
| 20.25 | 20.1\% | Sweetex Shortening | Manually slice Sweetex ${ }^{\oplus}$ into small pieces. Add to mixing bowl and place bowl and paddle on mixer. |
| $\begin{array}{ll} --- & 15 \\ --- & 0.5 \end{array}$ | $\begin{aligned} & 9.4 \% \\ & 0.3 \% \end{aligned}$ | Water Flavoring | Slowly pour in water and flavoring and mix on speed 1 for 30 sec . Scrape bowl and paddle and mix for 3 min . Scrape bowl and paddle again and mix for 6 min. |
| 10 lbs. | 100\% | Total |  |

## Alpine ${ }^{\oplus}$ Cream Icing ( $50 \%$ Fat)

| LBS/OZS. | PERCENT | INGREDIENTS | METHOD |
| :---: | :---: | :---: | :---: |
| $\begin{array}{rr} 10 & --- \\ 5 & -- \\ --- & 0.5 \\ --- & 4 \end{array}$ | $\begin{gathered} 58.7 \% \\ 29.4 \% \\ 0.2 \% \\ 1.5 \% \end{gathered}$ | 6X Sugar <br> Alpine ${ }^{\circ}$ Shortening <br> Salt <br> Non-Fat Milk Solids (optional) | Place in mixing bowl. |
| $\begin{array}{cc} 1 & 12 \\ --- \\ --- \end{array}$ | $10.3 \%$ | Water (variable) <br> Flavoring (to taste) | Combine. <br> Add one third and mix at low speed (2nd on 4 speed) for 3-4 minutes. Gradually add remaining water and vanilla. Scrape down and continue mixing for approximately 10 minutes or until smooth. If a lighter icing is desired, use third speed. |
| 17 lbs. | 100\% | Total |  |

## Notes:

Use Non-Fat Dry Milk only if a quick drying icing is desired.

## Alpine ${ }^{\oplus}$ CREAM ICING (30\% Fat)



## Notes:

Use Non-Fat Dry Milk only if a quick drying icing is desired.

## Alpine ${ }^{\circledR}$ Cream (Egg White)

| LBS.JOZS. | PERCENT | INGREDIENTS |
| :---: | :---: | :---: |
| 12 --- | 51.7\% | 6X Sugar |
| 8 --- | 34.5\% | Alpine ${ }^{\circ}$ Icing Shortening |
| --- 3/4 | 0.2\% | Salt |
| 3 --- | 12.9\% | Egg Whites |
| --- 23/4 | .7\% | Vanilla |
| 10 lbs | 100\% | Total |


| METHOD |
| :--- |
| Place in mixing bowl and cream light, using 2nd |
| speed. Will take about 4 minutes |
| Combine. |
| Gradually add and continue to mix for 10 minutes. If |
| a light fuffy icing is required, mix at 3rd speed until |
| the desired lightness is obtained. |
| Cover mixing bowl with a damp cloth to slow drying |
| out and setting up. |

## Alpine ${ }^{\circ}$ Chocolate Cream Icing

| LBS/OZS. | PERCENT | INGREDIENTS | METHOD |
| :---: | :---: | :---: | :---: |
| 12 | 54.2\% | 6X Sugar | Place in mixing bowl and cream light at medium |
| 3 | 13.5\% | Alpine ${ }^{\circ}$ Icing Shortening | speed. |
| 1 | 4.5\% | Corn Syrup |  |
| 2 | 9.0\% | Water |  |
| 2 | .6\% | Salt |  |
| 18 | 6.8\% | Nonfat Milk Solids |  |
| 2 | 9.0\% | Chocolate Liquor (melted) | Add to above and mix thoroughly. |
| 8 | 2.4\% | Water | Add slowly and cream to desired lightness |
| 22.2 lbs | 100\% | Total |  |

## Alpine ${ }^{\oplus}$ Fondant Cream Icing



## Buckeye ${ }^{\circledR}$ Cream Cheese Frosting



## Primex ${ }^{\circledR}$ Oatmeal Cookies

| LBS.OZS. |  | PERCENT | INGREDIENTS | METHOD |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 3 | 12 | 10.20 | Primex ${ }^{\circ}$ All-Purpose Shortening | Mix together. |  |
|  | $\begin{array}{r} 8 \\ 2.5 \end{array}$ | $\begin{gathered} 20.36 \\ .04 \end{gathered}$ | Granulated Sugar Salt | Add and cream together. |  |
| 1 | 8 | 4.1 | Honey (or invert) | Add while creaming |  |
| 4 | $\begin{array}{r} --- \\ 4 \\ 2 \\ 2 \\ 10 \end{array}$ | $\begin{gathered} 10.9 \\ .75 \\ .35 \\ .35 \\ 1.7 \end{gathered}$ | Water <br> Soda <br> Ammonia <br> Vanilla <br> Raisins | Dissolve together and add. |  |
| 5 | --- | 13.7 | Rolled Oats (work until well separated) | Add, mix to incorporate |  |
| 12 1 --- ---1 | $\begin{array}{r} 8 \\ 4 \\ .25 \\ .25 \\ .25 \end{array}$ | $\begin{array}{r} 34 \\ .3 .4 \\ .05 \\ .05 \\ .05 \end{array}$ | Flour <br> Non-fat Dry Milk <br> Ground Cinnamon <br> Ground Mace <br> Ground Ginger | Sift together and add. |  |
| 36.8 lbs |  | 100\% | Total |  |  |
| 32 |  |  |  |  | $\stackrel{\text { STATAS }}{\text { Sooos. }}$ |

## Primex ${ }^{\circledR}$ Pie Dough



## PRIMEX ${ }^{\circledR}$ Buttermilk Biscuits

| LBS/OZS. | PERCENT | INGREDIENTS | METHOD |
| :---: | :---: | :---: | :---: |
| $\begin{array}{rr} 4 & 1.75 \\ --- & 0.75 \\ --- & 2.5 \end{array}$ | $\begin{aligned} & 41 \% \\ & 0.5 \% \\ & 1.5 \% \end{aligned}$ | All-Purpose Flour <br> Salt <br> Double-Acting Baking Powder | Blend dry ingredients together. |
| 19.75 | 16\% | Primex ${ }^{\text {® }}$ Shortening | Cut in Primex ${ }^{\circ}$ until it forms small lumps. |
| 41.75 | 41\% | Buttermilk | Add buttermilk and mix until thoroughly moistened. Continue mixing until dough just starts to become elastic. DO NOT OVERMIX. Turn onto floured dough board and roll to $3 / 4$ " thick. Cut with desired size, sharp biscuit cutter, using a straight downward motion without twisting. Place cut biscuits in a greased aluminum sheet pan so that the biscuits are just touching. Bake at $450^{\circ} \mathrm{F}$ for 10-15 minutes until golden brown. |
| 10 lbs. | 100\% | Total |  |

## BBS ${ }^{\ominus}$ Butter Tea Cookies



## BBS ${ }^{\ominus}$ Peanut Butter Cookies

| LBS.OZS. |  | PERCENT | INGREDIENTS | METHOD |
| :---: | :---: | :---: | :---: | :---: |
| 2 | 8 | 20.7\% | Peanut Butter BBS ${ }^{\circledR}$ Shortening <br> Whole Eggs Baking Soda Salt | Combine and cream until blended and fluffy. |
| 1 | 11 | 13.8\% |  |  |
| --- | 15 | 7.8\% |  |  |
| --- | 2 | 1.1\% |  |  |
| --- | 0.6 | 0.3\% |  |  |
| --- | 11 | 5.8\% | Liquid Milk | Add to above and mix until blended. |
| 1 | 11 | 13.8\% | Granulated Sugar | Add to above and mix smooth. |
| 1 | 12 | 14.4\% | Brown Sugar |  |
| 2 | 9.5 | 21.9\% | Pastry Flour | Gradually add and mix on low speed until blended |
| --- | 0.7 | 0.4\% | Baking Powder | (approximately 3 minutes). Form as desired and bake at $370^{\circ} F$. |
| 12 lbs. |  | 100\% | Total |  |

## BBS ${ }^{\ominus}$ Chocolate Chip Cookies



## METHOD

Grind oats in a blender until fine. Combine oats with other dry ingredients.

Cream together shortening, sugars, vanilla and lemon juice. Add eggs and mix until smooth. Stir in the dry ingredients and blend well.

Add and mix until blended.
Chill overnight for best results. Spoon round $1 / 4$ cup portions onto cookie sheet. Bake at $350^{\circ} \mathrm{F}$ for $13-15$ minutes or until cookies are light brown and soft in the middle.

## Buckeye ${ }^{\oplus}$ Chocolate Chip Cookies

| LBS/OZS. | PERCENT | INGREDIENTS | METHOD |
| :---: | :---: | :---: | :---: |
| 3 | 12.37 | Granulated Sugar | Cream together smooth. |
| 3 | 12.37 | Brown Sugar |  |
| 2 | 8.25 | Buckeye Margarine |  |
| 2 | 8.25 | BBS ${ }^{\circ}$ All-Purpose Shortening |  |
| 1 | 4.1 | Whole Eggs | Add and mix smooth |
| 1 | . 25 | Soda | Add and mix smooth |
| 2.5 | . 65 | Salt |  |
| 1 | 4.1 | Pecan Pieces |  |
| 6 | 24.8 | Pastry Flour |  |
| 6 -- | 24.8 | Chocolate Chips |  |
|  |  | Vanilla to taste |  |
| 30.35 lbs | 100\% | Total |  |

## BBS ${ }^{\ominus}$ Sugar Cookies

| LBS/OZS. | PERCENT | INGREDIENTS | METHOD |
| :---: | :---: | :---: | :---: |
| $\begin{array}{ll} 3 & 5 \\ 2 & 1 \end{array}$ | $\begin{aligned} & 25.7 \% \\ & 15.9 \% \end{aligned}$ | Granulated Sugar BBS ${ }^{\circ}$ Shortening | Combine and mix at medium speed for 1 minute. |
| $\begin{array}{ll} 1 & 5 \\ 1 & 1 \\ --- & 2 \end{array}$ | $\begin{gathered} 10.2 \% \\ 8.3 \% \\ 0.9 \% \end{gathered}$ | Whole Eggs <br> Corn Syrup <br> Vanilla | Add to sugar and shortening mixture. Mix for 2 minutes at medium speed until well blended and fluffy. |
| $\begin{array}{rr} 4 & 15 \\ --- & 1 \\ --- & 5 \\ --- & 1 \end{array}$ | $\begin{gathered} 38.0 \% \\ 0.4 \% \\ 0.3 \% \\ 0.3 \% \end{gathered}$ | All-Purpose Flour <br> Baking Powder <br> Baking Soda <br> Salt | Gradually add to cream mixture at low speed for 3 minutes until well blended. <br> Refrigerate dough for at least one hour. <br> Roll dough to $1 / 4$ inch thickness. Cut with floured cookie cutter and transfer to ungreased baking sheet. Bake at $375^{\circ} \mathrm{F}$ for $9-11$ minutes. Cool for two minutes on baking sheet. |
| 13 lbs. | 100\% | Total |  |

## Golden Sweetex Z® Basic Sweet Yeast Dough



## BUCKEYe ${ }^{\ominus}$ Basic Danish

| LBS/OZS. | PERCENT | INGREDIENTS |
| :---: | :---: | :---: |
| --- | 7.2\% | Whole Eggs |
| -- 12 | 10.0\% | Sugar |
| --- 5 | 4.8\% | Buckeye ${ }^{\circ}$ Margarine |
| --- 2 | 2.0\% |  |
| --- 4 | 3.8\% | Non-Fat Dry Milk |
| 18 | 21.0\% | Water (warm, $105^{\circ} \mathrm{F}$ ) |
| --- 4 | 3.4\% | Compressed Yeast |
| 35 | 47.8\% | Bread Flour |
| 7 lbs . | 100\% | Total |

## To Make Cinnamon Rolls:

1. Sheet out finished dough until it is about $1 / 4$ inch thick
2. Apply Cinnamon Smear (15-20\% of laminated dough weight) (see next page)
3. Roll into a log and cut into sections about 1.5 inches wide.
4. Proof for $40-45$ minutes @ $95^{\circ} \mathrm{F}$.
5. Bake 12-14 minutes @ $380^{\circ}$ F.

## METHOD

In a 10 qt bowl, using a flat paddle, cream together eggs, sugar, shortening, salt and Non-Fat dry milk for 1 minute on 1st speed.

Add yeast to water and and let sit until foam forms on top (about 5 minutes). Stir into above mixture for 30 seconds on 1 st speed.

Slowly add flour and mix for 1 minute. Scrape down bowl and change to a dough hook. Mix on 2nd speed until a nice dough develops. Typically takes 5-6 minutes. Do not over-develop.
Sheet dough to approximately $3 / 4$ inch and spot-in the following:
For Rich Danish - 600 grams Buckeye Margarine. For Leaner Danish - 300 grams Buckeye Margarine.
Give one three-fold and retard about 20 minutes at $40^{\circ}$ F. Give 3 additional three-folds for rich Danish or 2 additional three-folds for lean Danish (retard about 20 minutes between folds).
Retard for a minimum of 30 minutes or overnight if desired.

## Buckeye ${ }^{\circledR}$ Cinnamon Smear

| LBS./OZS. | PERCENT | INGREDIENTS |
| :---: | :---: | :---: |
| $\begin{array}{ll} --- & 2 \\ -- & 2 \end{array}$ | $\begin{aligned} & 8.5 \% \\ & 8.5 \% \end{aligned}$ | Granulated Sugar Cinnamon |
| $\begin{array}{rr} --- & 10 \\ -- & 2 \\ ---\quad 8 \end{array}$ | $\begin{aligned} & 38 \% \\ & 7.5 \% \\ & 30 \% \end{aligned}$ | Brown Sugar Non-Fat Dry Milk Buckeye ${ }^{\circ}$ Margarine |
| --- 2 | 7.5\% | Liquid Egg Whites |
| 1.6 lbs. | 100\% | Total |


| METHOD |
| :--- |
| Blend sugar and cinnamon on first speed with paddle |
| attachment |$|$| Add brown sugar, Non-Fat dry milk and margarine to |
| :--- |
| above mixture and mix on first speed for one minute. |
| Scrape bowl and mix an additional minute on first speed. |
| Add egg whites and mix one minute on first speed. <br> Scrape and mix additional one minute on first speed. <br> Store under refrigeration until use. <br> Apply 15-20\% of laminated dough weight. |

NOTE: 1 batch of Cinnamon Smear covers 1 Batch of Basic Danish Dough

## Sweetex. Primex Notex <br> ALPINE ${ }^{\circ}$ BBS ${ }^{\circ}$ BUCKEYE ${ }^{\circ}$ HYMO

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